



Our colorectal support group provides a chance to share your experiences and connect with other patients who have had a colorectal cancer diagnosis.

This friendly and informal group meets on the first Monday of every month.

Refreshments are provided as well as holistic support. The meetings will feature demonstrations, activities and talks to help support you and your family.

The meetings are held from 12.30pm to 2.30pm at the St.Barnabas Wellbeing Centre, Novak House, Endeavour Park, Boston, PE21 7TT. The dates for the 2025 sessions are: 6<sup>th</sup> January, 3<sup>rd</sup> February, 3<sup>rd</sup> March, 7<sup>th</sup> April, 9<sup>th</sup> May (please note this is a Friday due to the Bank Holiday), 2<sup>nd</sup> June & 7<sup>th</sup> July.

For more information on the group please contact Laura (01205 446466) or via email; colorectalcsg@ulh.nhs.uk, alternatively you can speak with your Colorectal Nurse or Cancer Care Coordinator.

## Brought to you by:

NHS Lincolnshire Integrated Care Board United Lincolnshire Teaching Hospitals NHS Trust Supported by



