

Foundation Job Description

Foundation School		Programme No. (e.g. L006 OR T102) <i>Can be found on the Trent/LNR Allocation Spreadsheet</i>	
Trent		TL008 MUST BE CAR USER	
Grade	Specialty: <i>If General (Internal) Medicine OR General Surgery, please provide a sub-specialty</i>	Sub-specialty (If appropriate) <i>If General (Internal) Medicine OR General Surgery, please provide a sub-specialty</i>	
F1	Psychiatry	Intellectual Disabilities	
Site:		Trust:	
Dr P Speight Beech House, Toot Lane, Fishtoft, Boston, PE21 0AX.		Lincolnshire Partnership NHS Foundation Trust	
Main Duties:			
<u>Job Description</u>			
<ul style="list-style-type: none"> • Observation of the consultant performing patient assessments in the outpatient clinic • Exposure to the assessment and treatment of complex psychiatric problems in people with ID • Exposure to the assessment and treatment of epilepsy • Assessment and investigation of physical healthcare problems for community patients as necessary • Attendance at the weekly ID team meeting where patient problems are discussed, and new referrals considered • Weekly general psychiatry case presentations and journal clubs in the Postgraduate Programme • LD case presentations and ID audit presentations • Training in autism, challenging behaviour, epilepsy, and dementia from Dr Speight as required • Observation of the consultant interviewing people with communication difficulties, and the opportunity to then conduct such interviews. • Opportunity to complete an audit • To take a full psychiatric history from a patient with a learning disability and their carer/support worker • To document a full mental state examination of a patient with ID • To develop an understanding of capacity and consent issues in people with ID, particularly in relation to the Mental Capacity Act • To be able to assess a patient with ID who also has a mental health disorder • To accurately assess the physical healthcare needs of a patient with ID who has a concurrent psychiatric disorder • To liaise with the patient's GP and organise appropriate medical investigations as appropriate (e.g. blood tests, ECG, etc) • To design and carry out an audit • To understand the various roles and responsibilities of other members of the multidisciplinary team • To develop expertise in interviewing patients with communication difficulties • To liaise with the patient and their carer/support worker before deciding on appropriate treatment of psychiatric disorder • To initiate simple psychiatric medical treatments under direct consultant supervision • To gain an understanding of challenging behaviour 			

Example Timetable					
For example: W/R (Outpatients), MDT, Meetings, X-Ray Conference etc.					
	Mon	Tues	Weds	Thurs	Fri
AM	Patient reviews with consultant/audit	Ward 12 12:00 - 14:00 F1 Teaching	East team meeting, Boston	09:30 - 12:30 Postgraduate teaching, via MS Teams (weekly)	Louth clinic with Dr Speight (every 2 weeks)/home visits
Lunchtime					Supervision with Dr Speight
PM	Liaison with GPs/ physical healthcare monitoring/ liaison with Health Liaison Nurses	Ward 12	Formulation meeting/patient reviews	Administration and Audit	Louth home visits LD Case Presentation (monthly)
Educational Activities:					
<p>Tuesday 12.00-14.00 F1 Teaching. Thursday 09.30 - 12.30 Post Grad Programme (Psychiatry) on MS Teams. Friday: Supervision with CS. Research and Audit - The trainee can participate in audit and research as agreed with the supervising consultant.</p>					
Other Comments (if appropriate):					
<p>The F1 will have the opportunity to spend 1 day a week in Ward 12 (acute adult mental health unit) in Pilgrim Hospital.</p> <p>The F1 must be able to drive and access to their own car.</p> <p>F1's do not cover on-calls.</p> <p>Foundation doctors will be entitled to access an average of 2 hours SDT per week which must be taken on site.</p>					
Disclaimer: Please note that the placement information provided is subject to change.					