

Foundation Job Description

| Foundation School | | Programme No. (e.g. L006 OR T102) <i>Can be found on the Trent/LNR Allocation Spreadsheet</i> | | | |
|--|--|---|--|---|---|
| Trent | | PIL3.1 | | | |
| Grade | Specialty: <i>If General (Internal) Medicine OR General Surgery, please provide a sub-specialty</i> | Sub-specialty (If appropriate) <i>If General (Internal) Medicine OR General Surgery, please provide a sub-specialty</i> | | | |
| F1 | Psychiatry | General Adult | | | |
| Site: | | Trust: | | | |
| Dr M Jha Department of Psychiatry, Pilgrim Hospital, Sibsey Road, Boston, PE21 9QU. | | Lincolnshire Partnership NHS Foundation Trust | | | |
| Main Duties: | | | | | |
| Job Description | | | | | |
| General Adult Psychiatry, Lincolnshire Partnership Foundation NHS Trust | | | | | |
| <p>The F1 post is based in Boston, community. This post provides four days per week experience in General Adult Out-patient Psychiatry, for a busy catchment area. The F1 will be encouraged to see follow up patients under supervision. The expectation is for a Foundation Year 1 trainee to see 2-3 patients/clinic. The medical team comprises of a full time Consultant Psychiatrist (Dr Mithilesh Jha) and one Specialty Doctor.</p> <p>In addition to Out-Patient Clinics, the F1 will also work 2 session/wk in CMHT clinic under supervision. They will be exposed to multi-faceted presentation of complex mental disorders and will experience the impact of psychosocial stressor on a vulnerable individual and will learn various treatment modalities that LPFT offers.</p> <p>Boston CMHT prides itself on its multi-disciplinary team approach to patient care and, in addition to the above medical staff; we have a full contingent of junior and senior nursing staff, occupational therapy, and access to specialist psychology.</p> | | | | | |
| Example Timetable | | | | | |
| For example: W/R (Outpatients), MDT, Meetings, X-Ray Conference etc. | | | | | |
| | Mon | Tues | Weds | Thurs | Fri |
| AM | 09:30-11:30 Team meeting CMHT - Beech House Boston | 09:30 to 13:00 New Patient assessments, follow-up and reviews - Dept of Psychiatry Outpatient Clinic 12:00-14:00 Local teaching Programme for Foundation doctors | 09:30 to 13:00 CMHT clinic - Dept of Psychiatry Outpatient Clinic | 09:30 to 12:30 Academic programme Post Graduate Teaching via MS Teams (Case Conference, Journal Club and invited speakers) | 09:30-13:00 Outpatient Clinic - Dept of Psychiatry |
| Lunchtime | | | | | |
| PM | 13:30 to 16:40 Outpatient clinic | 14:00 to 17:00 Admin and Audit | 13:00-16.30 CMHT clinic | Admin & Audit | 13:30-14:30 Supervision with CS Self-reflective learning admin |

Educational Activities:

Tuesday 12:00 -14:00 Foundation Training.

Thursdays: 9:30 -12:30 Post grad teaching /psychiatry.

Friday afternoon: Supervision with CS.

Research and Audit - The trainee can participate in audit and research as agreed with the supervising consultant.

Other Comments (if appropriate):

F1's do not cover on-calls

Foundation doctors will be entitled to access an average of 2 hours SDT per week which should be taken on site.

Disclaimer: Please note that the placement information provided is subject to change.