

Foundation Job Description

Foundation School		Programme No. (e.g. L006 OR T102) <i>Can be found on the Trent/LNR Allocation Spreadsheet</i>	
Trent		TL011	
Grade	Specialty: <i>If General (Internal) Medicine OR General Surgery, please provide a sub-specialty</i>	Sub-specialty (If appropriate) <i>If General (Internal) Medicine OR General Surgery, please provide a sub-specialty</i>	
F2	Psychiatry	GA In-patient Rehabilitation/Re-enablement	
Site:		Trust:	
Dr J Dilks, The Wolds, Discovery House, Long Leys Road, Lincoln, LN1 1FS		Lincolnshire Partnership NHS Foundation Trust	
Main Duties:			
<u>Job Description</u>			
Re-enablement /Rehabilitation Psychiatry, Lincolnshire Partnership Foundation NHS Trust			
The FT2 post is based in Lincoln at the open rehabilitation and re-enablement ward, The Wolds, at Discovery House.			
Inpatient Placement - (The Wolds, Discovery House, Lincoln)			
<p>Lincolnshire Partnership NHS Foundation Trust opened a new multi-million-pound inpatient rehabilitation development, 'Discovery House', in February 2012. The new facility replaced 2 existing inpatient units that were on the same site, and a third female-only unit was opened at Discovery House. The facility comprises 1 locked female sex unit and one open mixed gender unit as well as the new service on the Wolds, a re-enablement ward focused on recovery. Each unit has 15 beds and therapy spaces. In addition, there is a central hub housing a main reception, therapy spaces, a gymnasium, a café, meeting rooms and offices, a family room and a staff room.</p> <p>The new re-enablement service based on The Wolds aims to support patients to live well in the community and to work towards their recovery and re-integration in the community over their 2-3 month stay. The service is focussed on working toward independence and recovery to enable service users to regain health and mental wellbeing before being able to move on and live as independently as possible when they are discharged from the service. The service provides 24-hour nursing care, and therapy staff will where necessary work flexibly over a 7-day period to meet the needs of the service users.</p> <p>The philosophy of the service is to provide services that are community rather than institution based, as close to home or family as is clinically advisable, under conditions of no greater security than is justified. Though there will be on-site facilities, community participation will be encouraged.</p>			
<u>The Post</u>			
This post provides five days per week experience on an open rehabilitation / re-enablement psychiatric ward.			
The ward houses up to 15 patients with a projected average length of stay per patient of 2- 3 months. The post provides excellent experience in working with a population around a recovery model, recognising people's strengths and working with them to maximise these.			
As the service is providing a new model of care within the trust, there will be opportunities for the trainee to engage in supporting the development and evaluation of the service and to experience this			

innovative service development and to be an integral part of its successful implementation. The Foundation Doctor would be working within a medical team comprising of a Consultant Psychiatrist and one Specialty Doctor. There are two other Consultant Psychiatrists and two core trainees also based at Discovery house covering the other wards and we work closely together with them.

The ward prides itself on its multi-disciplinary team (MDT) approach to patient care and, in addition to the above medical staff; we have a full contingent of junior and senior nursing staff, an occupational therapist, an activity coordinator, a physiotherapist and a number of specialist psychologist (who offer a range of therapies).

The role of the FT2 will be to work as part of the MDT team in assessing and managing the patients. The FT2 trainee will have opportunity to review patients individually and to present them at ward round discussions. They will also be expected to be involved in addressing the patient's physical health issues.

Example Timetable

For example: W/R (Outpatients), MDT, Meetings, X-Ray Conference etc.

	Mon	Tues	Weds	Thurs	Fri
AM	Patient Reviews, The Wolds	MDT Ward Round	Patient reviews or New patient assessments	CPD Academic Programme at Post Graduate Teaching via MS Teams (Case Conference, Journal Club and invited speakers). 12.00 14.00 FT2 Foundation program teaching LCH	Ward Work
Lunchtime					
PM	Patient Reviews, The Wolds	CPA meetings/MHRTs/Managers Panels 16:00-17:00	Report Writing/ Paperwork for Managers/MHRTs/CPAs Supervision with CS	MHRTs/ Manager's Panels/ family Meetings/QI	Patient reviews and cross cover

Educational Activities:

Thursdays: 9:30-12:00 post grad teaching /psychiatry, Thursdays 12:00-14:00 Foundation teaching at Lincoln County Hospital.

Wednesday afternoon; supervision with Clinical Supervisor.

Research and Audit - The trainee can participate in audit and research as agreed with the supervising consultant.

Other Comments (if appropriate):

SDT - Foundation doctors will be entitled to access an average of 2 hours SDT per week, which should be taken on site.

Disclaimer: Please note that the placement information provided is subject to change.